

SINGULA 1 INSTITUTE

Big news & Announcements

We are proud to announce that we officially received our **501(c)(3) non-profit IRS status** on **February 11, 2019!** We were told by others who have been through the process of filing for non-profit tax status that it could take several months to a year. Through an expedited process, we received confirmation within less than 2 months... despite a government shutdown! This just demonstrates how much the government recognizes mental health as an important issue, the need to bring about a change in approach, and the trust that we can do so!

Development

We have just signed a contract with **Koszyn & Company** (<https://www.koszynandco.com>), a development consulting group, who will be working with us to establish a strong development infrastructure. We look forward to working with **Jayne Koszyn** and her brilliant team!

Social Impact Community

The singula team has been organizing and planning several exciting events in Manhattan to cultivate and build a social impact community.

Our first event last Thursday was a success! We hosted a group of individuals who were able to learn more about depression through an emotionally and intellectually engaging facilitated discussion. We hope to host them again, and bring in some new faces!

1. **The Many Faces of Depression:** A three-part discussion series designed to tackle three facets of the impact of Depression. All events are held at **The Colorado at 201 East 86th Street, NY NY 10028.**

How does Depression impact the individual?

Thursday, March 14th: 6pm-8pm, 4th Floor Lounge

How does Depression impact loved ones of the sufferer?

Thursday, April 11th: 6pm-8pm, 4th Floor Lounge

How does Depression impact society?

Thursday, May 9th: 6pm-8pm, 4th Floor Lounge

2. **Friends & Family Fundraising Kick-Off Event:** An evening to introduce, support and send off the Singula Team to begin our Implementation Phase
Thursday, June 20th: 6:00pm-10:00pm, Rooftop Patio

Clinical Research Projects

Over the last year and half through many volunteered hours of time, the **Singula Start-up and Clinical Research Team** has identified major gaps in the mental health research space, and developed clinical research projects and approaches to solve the overarching questions:

1. What makes psychotherapy work or not work for the individual?
2. What makes biological treatments work or not work for the individual?
3. How can we make treatment more efficient and effective for the individual?

We have worked together to tackle these important questions from linguistics, behavioral, and physiological/biological approaches. We have continued to work on

developing our research ideas in conjunction with computer scientists and computational psychologists to refine our research ideas (see below).

Clinical Research and Computational Infrastructure

Through the guidance of **Reid Simon** and **John Powell** at **Kalorama Solutions, LLC**, we have begun to clearly define our technological and computational needs to form the sturdy platform that we need to grow and develop the Singula Institute research objectives.

We have been involved in the early stages of collaboration and partnership discussions with computer science and computational behavioral companies who will help us reach our clinical research goals.

Mental Health & Society

We will continue to keep you posted on articles of interest to **Singula Institute** via **Facebook**, **Linkedin**, and **Instagram**. These articles are reviewed, filtered, and provided commentary by our **Singula Institute clinicians** and highlight some of the issues that Singula Institute will tackle through our clinical research!

-The Singula Team



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